

Intensive Programs for Home-Educated Children

Learning Outcomes



2Connections EFHD provides Equine Facilitated Learning (EFL) programs. Our classes bring children together with horses to work through a number of carefully designed experiential learning exercises that focus on key learning objectives, while promoting teamwork in a fun and engaging format. Non-verbal communication, appropriate assertiveness, negotiation skills, team work, creative thinking, leadership, responsibility and confidence are several examples of the skills participants will have the opportunity to develop. No previous horse experience is necessary and no riding is involved, as all exercises are done from the ground.

These are the intended learning outcomes for each intensive session. We use a building block curriculum whereby we build upon and strengthen the skills learned in previous sessions.

Intensive 1 (4 hours)

1. Introduction to developing relationships:
 - a. Program overview and introduction to EFL
 - b. Learning about safety around horses
 - c. Introducing the parallels between horses and humans
 - d. Developing team interaction and creating a positive learning environment

2. Introduction to basic skills development:
 - a. Learning basic horse handling skills: pressure/release; movement forward, backward, sideways and stop; quick release safety knot for tying up lead rope
 - b. Developing aptitude, sequencing, knowledge, active participation
 - c. Reinforcing value associated with developing positive relationships
 - d. Developing skills in team building and leadership

3. Introduction to learning about 'self' as a part of an effective team/relationship:
 - a. Developing strong teams and leaders
 - b. Supporting other team members and understanding that the horse is part of the team
 - c. Understanding choices and consequences
 - d. Encouraging conversation, discussion and negotiation and building character

Intensive 2 (4 hours)

1. Developing interactive negotiation skills and how to think through the process:
 - a. Re-enforcing team efforts and plan development
 - b. Understanding that negotiation is not manipulation
 - c. Developing skills in decision making, problem solving, sequencing and memory
 - d. Building confidence and personal empowerment, team interaction and positive responses

2. Understanding how common sense influences change and how to use it to solve basic and complex problems:
 - a. Understanding choices, consequences and impact on others through choice
 - b. Understanding and respecting the nature of the horse (natural consequences)
 - c. Developing self-discipline, personal worth and integrity
 - d. Developing ethical standards

3. Understanding and respecting the power of non-verbal communication or body language:
 - a. Developing observation, effective listening and non-verbal communication skills
 - b. Recognizing conflict (through frustration) in a healthy manner and subtleties of non-verbal communication
 - c. Understanding how we impact others and our physical limitations
 - d. Developing awareness of self and others

If you are interested in registering your child for one of our programs or have any questions,

Please contact us mail@2connections.co.uk



Our Full Brochure for *Equine Facilitated Learning Programs for Enhancing the Home-Education Experience* can be download from our website event page.